

SUNDAY ROAST

2 COURSES £25.00 • 3 COURSES £29.00

12PM – 6PM, SUNDAY ONLY

Prices beside each dish are for à la carte orders.

STARTERS

- Soup of the Day (V)

£7.00
- Served with toasted bread. (1,7,9)
- Bruschetta (V)

£7.50
- Chopped tomato, garlic, basil, oregano, red onion, extra-virgin olive oil and balsamic reduction on toasted bread. (1,12)
- King Prawn Tempura

£9.95
- Deep fried, served with rocket leaves and hot chilli mayo. (1,2,3)
- Beetroot & Goat's Cheese Salad (V)

£8.50
- With mixed leaves, fresh mango and balsamic dressing. (7,12)

MAIN COURSES

- Roast Chicken Breast

£18.95
- With seasonal vegetables, roast potatoes, Yorkshire pudding and gravy. (1,3,7,9)
- Roast Scottish Rib of Beef

£23.50
- With seasonal vegetables, roast potatoes, Yorkshire pudding and gravy. (1,3,7,9)
- Roast English Leg of Lamb

£22.50
- With seasonal vegetables, roast potatoes, Yorkshire pudding and gravy. (1,3,7,9)
- Steamed French Mussels

£17.95
- With onion, lemon, parsley and fresh cream, served with French fries. (7,12,14)
- Pan-roasted Fillet of Sea Bass

£19.50
- Served with crushed potatoes, chopped tomato salsa, French beans, balsamic reduction and a drizzle of olive oil. (4)
- Creamy Beetroot & Goat's Cheese Risotto (V)

£17.50
- Served with Parmesan shavings and garlic bread. (1,7)

DESSERTS

- Panna Cotta

£6.00
- With berry and mango compote. (7)
- Cheesecake

£6.00
- With cream. (1,3,7)
- Petit Pot au Chocolate

£6.00
- A rich chocolate mousse with amaretti biscuits and whipped cream. (1,3,7,8)
- Ice Cream Selection (2 scoops)

£6.00
- Vanilla, chocolate, pistachio, strawberry, salted caramel. (7)

SET MENU

LUNCH • MONDAY – FRIDAY • 12PM – 4PM

2 COURSES £22.00 / 3 COURSES £27.00

DINNER • MONDAY – THURSDAY • 5PM – 9PM

2 COURSES £25.00 / 3 COURSES £29.00

Set menu portions are smaller than à la carte.

Prices beside each dish are for à la carte orders.

STARTERS

- Trio of Dips

£8.50
- Hummus, tzatziki and taramasalata, served with pitta bread and olives. (1,4,7,11)
- Crispy Duck Salad

£8.95
- Baby spinach, cucumber, spring onion and our house hoisin dressing. (6,11)
- Salt & Pepper Squid

£8.50
- With spicy mayo and mixed leaf salad. (1,2,3,14)
- Spicy Spaghetti Meatballs

£8.95
- Tossed with garlic, chilli, fresh tomato sauce and Parmesan shavings, served with garlic bread. (1,3,7,9)

MAIN COURSES

- Char-grilled Harissa Chicken Supreme

£22.50
- With roast new potato, harissa chilli, garlic spinach and rosemary veal jus. (7,9)
- Sirloin Steak 250g

£24.50
- With creamy mash, garlic spinach and peppercorn sauce. £3 supplement on the set menu. (7)
- Caesar Salad

£16.50
- Char-grilled whole chicken breast, cos lettuce, croutons, Caesar dressing and Parmesan shavings. (1,3,4,7)
- Salmon Supreme

£22.50
- Pan roasted, served with new potatoes, French beans, lemon butter and dill sauce. (4,7)
- Wild Mushroom Risotto (V)

£16.50
- With Parmesan shavings. (7)

DESSERTS

- Classic Tiramisu

£6.00
- Lady fingers dipped in coffee, layered with mascarpone cream. (1,3,7)
- Passion Fruit Crème Brûlée (3,7)

£6.00
- Brownie

£6.00
- With vanilla pod ice cream and pistachio cream. (1,3,7,8)



UK Allergen Key • 1 Gluten • 2 Crustaceans • 3 Eggs • 4 Fish • 5 Peanuts • 6 Soybeans • 7 Milk • 8 Tree nuts • 9 Celery • 10 Mustard • 11 Sesame • 12 Sulphur dioxide/Sulphites • 13 Lupin • 14 Molluscs

(V) Vegetarian • (VE) Vegan • ★ Pradas Signature • We use a vegan Parmesan throughout, so every dish marked (V) is suitable for vegetarians.

Ask your server for details and for additional allergen information. We handle numerous allergens in our kitchen and due to the potential for cross contact, we cannot guarantee that our food is free from any allergens. An optional gratuity of 10% will be added to your bill.

841 FOREST ROAD, LONDON E17 4AT • OPEN EVERY DAY 12PM – 10PM • SUNDAY 12PM – 9PM



PRADAS



STARTERS

- 1)

Mixed Olives (9) (V)

£2.95
- 2)

Soup of the Day (V)
With toasted garlic croutons. (1,7,9)

£7.00
- 3)

Trio of Dips
Hummus, tzatziki and taramasalata served with warm pitta bread. (1,4,7,11)

£8.50
- 4)

French Mussels
Served with shallots, cream, parsley and lemon. (7,12,14)

£8.50
- 5)

PRADAS SIGNATURE ★
Salt & Pepper Squid
Served with spicy mayonnaise and mixed leaves. (1,2,3,14)

£8.50
- 6)

Crispy Duck Salad
Baby spinach, cucumber, spring onion and our house hoisin dressing. (6,11)

£8.95
- 7)

Crispy Portobello Mushrooms (V)
Panko-coated with cheese, garlic and herbs, served with roasted red pepper coulis and mixed leaves. (1,3,7)

£8.50
- 8)

Char-grilled Halloumi (V)
Roasted peppers, cherry tomatoes, mixed leaves and honey mustard dressing. (7,10)

£8.50
- 9)

PRADAS SIGNATURE ★
Spiced Moroccan Lamb Meatballs
Rich tomato sauce, harissa and toasted garlic bread. (1,7,9)

£8.50
- 10)

Avocado & King Crab
King crab with avocado, cucumber, capers, tarragon and toasted garlic bread. (1,2,3,10)

£11.50
- 11)

PRADAS SIGNATURE ★
Spicy Harissa King Prawns
Garlic butter, fresh chilli and herbs. (2,7)

£13.50

PASTA & RISOTTO

- All pasta and risotto dishes are served with garlic bread.
- 12)

Tagliatelle Ragu
Homemade beef ragu. (1,3,7,9)

£15.50
- 13)

PRADAS SIGNATURE ★
Tagliatelle Smoked Chicken
Parmesan cream and crispy kale. (1,3,7)

£15.50
- 14)

Penne al Salmone
Fresh salmon, chilli, shallots, dill, tomato and cream. (1,3,4,7,12)

£16.50
- 15)

Spinach & Ricotta Ravioli (V)
Wild mushrooms, roasted pine nuts, cream and Parmesan. (1,3,7,8)

£16.50
- 16)

Spaghetti King Prawns
Garlic, chilli, spring onion, cherry tomatoes and extra virgin olive oil. (1,2)

£18.50
- 17)

Butternut Squash & Goat's Cheese Risotto (V)
Roasted pine nuts. (1,7,8)

£17.50
- 18)

Chicken & Avocado Salad
Chicken, avocado, baby gem, baby spinach, shallots, French beans, walnut croutons and mustard dressing. (1,7,8,10)

£15.50
- 19)

Mediterranean Vegetable Tart (V)
Served with rosemary and garlic roasted potatoes, fresh rocket and cherry tomato salad with balsamic dressing. (1,3,7)

£16.95

GRILL & HOUSE SPECIALITIES

- 20)

PRADAS SIGNATURE ★
Mediterranean Chicken
Crispy chicken pieces tossed in our signature sweet and gently spiced sauce with chunky peppers and red onion, served with vegetable rice. (1,3,6,7)

£17.50
- 21)

Spicy Lamb Kofta
Cucumber and chilli yoghurt, mixed salad and bulgur wheat. (1,7)

£19.50
- 22)

PRADAS SIGNATURE ★
Chicken Souvlaki
Greek-style skewers with tomato, cucumber, red onion, tzatziki, rocket and bulgur wheat. (1,7)

£17.50
- 23)

Char-grilled Spicy Lamb Cutlets
Creamy mashed potato and veal jus. (7)

£24.50
- 24)

PRADAS SIGNATURE ★
Mixed Grill
Sirloin steak, spicy lamb cutlets and chicken breast served with French fries. (7)

£38.50

FISH & SEAFOOD

- 25)

PRADAS SIGNATURE ★
Fish Platter
Sea bass, salmon, tiger prawns and sardines with lemon butter cream sauce, served with vegetable rice. (2,4,7,9)

£27.00
- 26)

Char-grilled Whole Black Bream
Crushed new potatoes, artichokes, Kalamata olives, sun-blushed tomatoes, rocket and lemon oil. (4)

£19.50
- 27)

Pan-roasted Sea Bass
Braised fennel, gratin potatoes and lemon butter cream sauce. (4,7)

£19.50

STEAKS

All steaks are 250g, 30-day dry-aged and served with a caramelised red onion stuffed Portobello mushroom, sun-blushed tomato and French fries.

- 28)

Sirloin Steak

£24.50
- 29)

Rib Eye Steak

£25.50

CHOICE OF SAUCES

- Garlic Butter (7) (V)

£1.50
- Wild Mushroom (7) (V)

£2.95
- Peppercorn (7) (V)

£2.95
- Charred Honey Glaze (V)

£2.95
- Homemade Chilli Sauce (V)

£1.90

BURGERS

All burgers are served in a toasted brioche bun with lettuce, tomato, caramelised red onion, gherkin, spicy mayonnaise and French fries unless stated otherwise.

- 30)

Classic Beef Burger (1,3,7,10)

£12.50
- 31)

Double Jalapeño Smash Burger
Double beef patties with jalapeños and cheese. (1,3,7,10)

£14.50
- 32)

Char-grilled Chicken Burger (1,3,7,10)

£12.50
- 33)

Vegan Burger (VE)
Vegan cheese, vegan bun, lettuce, tomato, caramelised red onion, gherkin and French fries. (1,6)

£12.50

SIDES

- Creamy Mash (7) (V)

£3.50
- Gratin Potatoes (7) (V)

£3.50
- Roast Potatoes

£3.50
- Creamed Spinach (7) (V)

£3.75
- French Beans (V)

£3.50
- Crispy Kale (V)

£4.00
- French Fries (V)

£3.50
- Glazed Carrots (V)

£3.75
- Sweet Potato Fries (V)

£3.95
- Greek Salad (7) (V)

£6.50